

Iscte International Staff Week

Designing the Future of Urban Living

Well-being, sustainability and urban challenges

Organisation

Iscte - University Institute of Lisbon (P LISBOA07)

Location:

Iscte - University Institute of Lisbon, Av. das Forças Armadas, 1649 - 026 Lisboa, Portugal

Language of instruction: English

Abstract

The Iscte International Staff Week provides an international and interdisciplinary space for higher education staff to reflect on **well being, sustainability and urban challenges** shaping contemporary universities and cities, recognizing universities as key actors within complex urban ecosystems.

Through presentations, interactive activities, panels and peer exchange, participants will explore how institutional practices, campus environments and its ecosystem can address pressing urban challenges, promoting well-being and sustainability. The programme encourages critical reflection on current challenges in higher education and promotes the sharing of experience and good practices:

- Contribute to SGD 11 by promoting reflection on how higher education institutions can foster inclusive, safe, resilient and sustainable campuses and cities through well being centred and socially responsible practices.

- Support more effective responses to societal and urban challenges by strengthening a digital education ecosystem that enhances skills development, critical thinking and digital literacy across sectors and communities.

By combining professional development, intercultural dialogue and informal networking, the staff week aims to strengthen cooperation among institutions and urban stakeholders contributing to more human centred, resilient and sustainable universities within their broader urban environments.

Objectives

- To promote reflection and dialogue on student and staff well being in higher education.

- To share good practices on how universities can address urban challenges as active and engaged actors within their cities.

- To inspire institutions to integrate well being focused and sustainability oriented approaches into their strategies and daily practices.

- To strengthen Erasmus+ institutional cooperation and staff networks in response to shared societal and urban challenges.

PROGRAMME

MONDAY, 06 JULY 2026

09:45 - 10:00

Registration

10:00 - 10:15

Opening Session

Prof. Ricardo Paes Mamede, Vice-Rector for Internationalization

Alejandra Ortiz, Director of International Relations Office

Joana Jordão, Coordinator of Erasmus Unit

10:15 - 12:30

Introduction of the staff week and poster presentation

12:30 - 14:00

Networking Lunch

14:00 - 14:30

Campus tour and photo

14:00 - 16:30

"Good practices" at Iscte

Well-being, quality of life and sustainability

Sibila Marques, Pro-Rector for Inclusion, Well-being, and Quality of Life. & Elsa

Pegado, Co-Principal Researcher on BeWell-Iscte

Alejandra Ortiz, Director of International Relations Office

Joana Jordão, Coordinator of Erasmus Unit

TUESDAY, 07 JULY 2025

09:30 - 12:30

Activity Day on inclusion and well-being

Sibila Marques, Pro-Rector for Inclusion, Well-being, and Quality of Life.

12:30 - 14:00

Lunch (free time)

14:00 - 16:00

Activity Day on inclusion and well-being

Sibila Marques, Pro-Rector for Inclusion, Well-being, and Quality of Life.

17:00 - 19:00

Lisbon walking tour Castle & Alfama visit

WEDNESDAY, 08 JULY 2025

9:30 - 10:30

Welcome and opening session of PIONEER Festival

Presentation of Iscte strategic plan for cooperation with external

stakeholders focusing on urban challenges

10:30 - 11:45

Panel discussion 1

Challenge-based education on urban topics

Presentation of a case and reflection by stakeholders/partners

11:45 - 13:00

Panel discussion

Impact Driven Research on urban topics

Presentation of a case and reflection by stakeholders/partners

13:00 - 14:30

Lunch (free time)

14:30 - 15:45

Panel discussion

International mobilities (BIPs, CoILs)

Presentation of a case and reflection by stakeholders/partners

15:45 - 17:00

Panel discussion

Academic Entrepreneurship

Presentation of a case and reflection by stakeholders/partners

17:00 - 17:30

Live Podcast on Urban Challenges

THURSDAY, 09 JULY 2026

09:30 - 12:30

Activity day on sustainability

How to have a more sustainable university and cities

12:30 - 14:00

Lunch (free time)

14:00 - 15:00

Portugal from a bird's eye view: Portuguese history and culture

Prof. Cecília Vaz, Department of History

17:00 - 19:00

Sunset and networking

FRIDAY, 10 JULY 2026

09:30 - 12:00

Global Coffee and talks

Bilateral meetings based on shared interests

12:00 - 12:30

Closing session: Reflection and Recommendation

More information

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Erasmus+